

# Thanksgiving Planner



"I have two nifty things I do as hostess: First I buy a Preserve, round, recycled plastic container for everyone to take leftovers home in. Then I buy enough packs of the Skoy biodegradable sponge cloths so that I can give everyone their own to use as a napkin and take home with them.

These two tricks reduce my paper goods consumption and help leftovers find their way to good homes."



- Heather, Merchandise Manager

"When it comes to the holidays, I'm all about the hors d'oeuvres! You can treat your family and friends to local fruit & veggies, cheese & crackers, mini desserts or fair trade chocolates! If you are short on time, the Co-op's kitchen has a tray menu with everything from a Mediterranean tray, to veggies with hummus, fruit trays, meat & cheese trays, to a cookie tray! There are gluten-free, vegetarian and vegan options. You can even special order a variety of fresh deli salads and soups!"



- Krissy, General Manager

"For me, as a gluten-free vegan with a small family, Thanksgiving is untraditional. For those who have family coming with dietary restrictions, the Co-op has lots of items to help. Ask any of our staff members and they can point you to items to fill these needs,

as well as ideas on how to create delicious foods using ingredients your guests may not be familiar with. Making the day special, yet again for everyone at your dinner table."

- Kelsey, Kitchen Front House Lead

## How much food will you need?

	per person	groups of 10
Entrées	1/2 to 3/4 pound	5-7 pounds
Potatoes	1/3 to 1/2 pound	4 pounds
Vegetables	1/4 to 1/3 pound	2 1/2 pounds
Stuffing	1/3 to 2/3 pound	4 pounds
Gravies & Sauces	1/4 cup	2-3 cups
Turkey (whole)	1 to 1/2 pounds	10-15 pounds





	per person	groups of 10
Cranberry Relish	2 oz or 1/8 cup	1 1/2 lbs or 2 cups
Snacks/Appetizers	2-4 ounces	2-3 pounds
Pie	1 slice	2 9-inch pies
Ice Cream	1/2 cup	1/2 gallon
Cookies/Bars	2 each	20 total






**Fresh • Local • Delicious**





## Main Course

-  Fresh Whole Turkeys ..... \$2.49/lb  
Ferndale Market • Cannon Falls, MN
-  Frozen Organic Whole Turkeys ..... \$3.49/lb  
Larry Schultz • Owatonna, MN
-  Frozen Bone-in Turkey Breasts ..... \$2.99/lb *Save 50¢/lb*  
Ferndale Market • Cannon Falls, MN
-  Grass-Fed Summer Sausage ..... \$10.49 *Save 50¢*  
Earth-Be-Glad Farm • Altura, MN
- Field Roast Plant Based 1 lb Celebration Roast ..... \$7.99
- Field Roast Hazelnut & Cranberry Roast 2 lbs .. \$10 *Save \$3.99*
- Tofurky Vegan Roast Organic 26 oz ..... \$12.99 *Save \$4.50*

## Seasonal Produce

-  Russet & Yukon Potatoes ..... 99¢/lb *Save \$1/lb*  
Fairview Farm • Altura, MN
-  Winter Squash, assorted ..... 79¢/lb *Save 70¢/lb*  
Featherstone Farm • Rushford, MN & Fairview Farm • Altura, MN
-  Sweet Potatoes ..... \$2.25/lb *Save \$1.75/lb*  
Whitewater Gardens • Altura, MN
- Organic Celery ..... \$1.49/lb *Save 50¢/lb*
- Organic Red Grapes ..... \$3.99/lb *Save \$1/lb*




## Baking Supplies

-  Westby Sweet Cream Butter ..... \$4.99
-  Larry Schultz OG Eggs, Dozen ..... \$3.99
- Farmer's Market OG Pumpkin Pie Mix ..... \$3.49
- Great River OG Lily White All-purpose Flour ..... \$2.49/lb
- Wholesome OG Sugar, Fair Trade ..... \$1.99/lb
- Wholly Wholesome 9" Pie Shells, 2 pk ..... \$5.49

## Traditional Eats

-  Field Day OG Broth ..... \$2.29
-  Field Day OG Canned Green Beans or Corn ..... \$1.69
-  Field Day OG EV Olive Oil ..... \$6.99 - \$12.99
-  Field Day OG Apple Juice 1/2 gal ..... \$5.99
-  Sno Pac OG Frozen Peas ..... \$2.29
- Sartori Shredded Parmesan Cheese 8 oz ..... \$3.99 *Save 50¢*
- King Arthur All Purpose Flour 5 lbs ..... \$4.99 *Save \$2*
- Blue Diamond Crackers ..... 2/\$5 *Save \$1.49*
- Aleia's Gluten-Free Stuffing: plain & savory ..... \$5.99
- Olivia's Gluten-free Stuffing ..... \$6.49
- Farmer's Market OG Cranberry Sauce ..... \$2.99
- Simply Organic Mulling Spice ..... \$2.49
- Farmer's Market OG Pumpkin Puree ..... \$2.99
- Bulk Organic Pecans ..... \$16.99/lb
- Bulk Equal Exchange Coffee: select varieties ..... \$8.99 *Save \$1*
- Simply Organic Gravy Mix ..... \$1.79
- Woodstock Silvered Almonds ..... \$6.29
- Pacific OG Cream of Mushroom ..... \$2.99
- Pacific OG Broth ..... \$4.79
- Sno Pac OG Frozen Green Beans ..... \$2.99

## Delicious Desserts

- Alden's Organic Ice Cream (New: Peppermint Twist) ..... \$9.49
- So Delicious Coco Whip ..... \$4.99
- Diaya Gluten-Free Cheesecake 3 varieties ..... \$7.99
-  Chocolate Celebration Cake ..... \$10.79
-  Gluten-Free Pumpkin Pie 9" ..... \$16.99 *Save \$2*
-  Gluten-Free Apple Pie 9" ..... \$16.99 *Save \$2*  
Valley's Own Bakehouse • Rosemount, MN

## Prices Good Nov. 16th - 30th 2021

Closed for Thanksgiving, Nov. 25

- Cranberry Relish ..... \$5.99/lb
- Buttermilk Biscuits ..... 89¢ each
- Veggie & Hummus Tray ... 12" tray: \$42 18" tray: \$65
- Meat & Cheese Tray ..... 12" tray: \$60 18" tray: \$90
- Mediterranean Tray ..... 12" tray: \$55 18" tray: \$85
- Cookie Tray ..... 24 ct: \$33 36 ct: \$48

